



Frequent karate words

Translate the terminology!

Can you match these words to their translation?

We use most of these in class every week.

Some are from the first few kata, others from set 1 kihon ippon kumite and others are just words we use all the time.

Good luck – and if you want the answer sheet, drop us a message on the contact page.

Terminology
Age Uke
Chudan
Dojo
Gedan Barai
Gyaku Zuki
Hajime
Hiki Te
Jodan
Kamaete
Kiba Dachi
Kokutsu Dachi
Mae Geri
Musubi Dachi
Nukite
Sensei
Shuto
Soto Ude Uke
Yame
Yoi
Zenkutsu Dachi

Translation
Back Stance
Begin
Do the stance
Formal Attention Stance / Closed v-stance
Front Kick
Front Stance
Knife Hand
Lower Parry / Downward Block
Middle level
Outside Forearm Block
Ready
Returning Hand
Reverse Punch
Spear Hand Thrust
Stop / Finish
Straddle Stance / Horse Riding Stance
Teacher
Training Hall
Upper level
Upper Rising Block